

# Kung Pao Grilled Chicken

## Directions:

1. Open pouch and remove oxygen absorber.
2. Prepare in pouch or other suitable container.
3. Add 2 cups (16 oz) boiling water to ingredients or fold /crease & fill pouch to "E-Z Fill Line" 8.
4. Stir thoroughly then seal pouch or cover.
5. Let stand 10 - 12 minutes; stir again & serve.

**Ingredients:** Instant White Rice, Cooked Seasoned Grilled Diced Chicken White Meat Freeze Dried (Chicken, Salt), Roasted & Salted Blanched Peanuts (Peanuts, Non-GMO Canola Oil, Salt), Potato Starch, Fructose, Bell Pepper Red & Green Combo, Soy Sauce [(Fermented Soybeans, Salt) Maltodextrin, Salt], Broccoli Florets, Powdered Cooked Chicken [Cooked chicken and natural flavor (extract of Rosemary)], Garlic Granulated, Soy Flour (Textured Vegetable Protein), Peanut Flour (Peanut Flour, Defatted Peanut Flour, Peanuts, Roasted Peanuts, Roasted Peanut Flour, Defatted Peanuts), Natural Vinegar Flavor Powder Encapsulated (Maltodextrin, Silicon Dioxide, Ethyl Alcohol, Palm Oil), Ginger, Green Onion, Natural Flavor (Baker's Yeast Extract, Salt, Canola Oil), Sea Salt, Molasses Dark (Cane Sugar, Cane Molasses, Cane Caramel), White Onion, Natural Flavor (Baker's Yeast Extract, Salt), White Onion, Red Pepper Crushed, Monterey Chili Powder (Chili Pepper, Spices, Salt, Garlic), Garlic Minced, White Pepper.

**Contains:** Soy, Peanut.

# Nutrition Facts

2 servings per container

Serving size

1/2 package (85g)

	Per Serving		Per Container	
	<b>330</b>		<b>660</b>	
	% Daily Value*		% Daily Value*	
<b>Calories</b>				
<b>Total Fat</b>	7g	9%	15g	19%
Saturated Fat	1.5g	8%	3g	15%
Trans Fat	0g		0g	
<b>Cholesterol</b>	25mg	8%	55mg	18%
<b>Sodium</b>	860mg	37%	1720mg	75%
<b>Total Carbohydrate</b>	24g	9%	47g	17%
Dietary Fiber	3g	11%	5g	18%
Total Sugars	8g		16g	
Includes Added Sugars	0g	0%	1g	2%
<b>Protein</b>	17g		34g	
<b>Vitamin D</b>	0mcg	0%	0mcg	0%
<b>Calcium</b>	89mg	6%	178mg	15%
<b>Iron</b>	3mg	15%	5mg	30%
<b>Potassium</b>	739mg	15%	1479mg	30%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



**0g TRANS FAT  
PER SERVING**



**GLUTEN  
FREE**

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