

# KUNG PAO BEEF

## Directions:

1. Open pouch and remove oxygen absorber.
2. Prepare in pouch or other suitable container.
3. Add 1 1/2 cups (12 oz) boiling water to ingredients or fold / crease & fill pouch to "E-Z Fill Line" 7.
4. Stir thoroughly then seal pouch or cover.
5. Let stand 10-12 minutes; stir again & serve.

**Ingredients:** Instant White Rice, Beef Diced Cooked Freeze Dried (Beef, Salt), Roasted & Salted Blanched Peanuts (Peanuts, Non-GMO Canola Oil, Salt), Potato Starch, Fructose, Bell Pepper Red & Green Combo, Soy Sauce [(Fermented Soybeans and Salt), Maltodextrin, Salt], Broccoli Florets, Powdered Cooked Beef [Cooked beef and natural flavor (extract of Rosemary)], Garlic Granulated, Soy Flour (Textured Vegetable Protein), Peanut Flour (Peanut Flour, Defatted Peanut Flour, Peanuts, Roasted Peanuts, Roasted Peanut Flour, Defatted Peanuts), Natural Vinegar Flavor Powder Encapsulated (Maltodextrin, Silicon Dioxide, Ethyl Alcohol, Palm Oil), Ginger, Green Onion, Natural Flavor (Baker's Yeast Extract, Salt, Canola Oil), Sea Salt, Molasses Dark (Cane Sugar, Cane Molasses, Cane Caramel), White Onion, Natural Flavor (Baker's Yeast Extract, Salt), White Onion, Red Pepper Crushed, Monterey Chili Powder (Chili Pepper, Spices, Salt, Garlic), Garlic Minced, White Pepper.

**Contains:** Soy, Peanut.

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# Nutrition Facts

2 servings per container

Serving size

1/2 package (74g)

	Per Serving		Per Container	
	290		580	
	% Daily Value*		% Daily Value*	
<b>Calories</b>				
<b>Total Fat</b>	7g	9%	14g	18%
<b>Saturated Fat</b>	2g	10%	4g	20%
<b>Trans Fat</b>	0g		0g	
<b>Cholesterol</b>	15mg	5%	35mg	12%
<b>Sodium</b>	750mg	33%	1510mg	66%
<b>Total Carbohydrate</b>	20g	7%	41g	15%
<b>Dietary Fiber</b>	2g	7%	5g	18%
<b>Total Sugars</b>	7g		14g	
<b>Includes Added Sugars</b>	0g	0%	1g	2%
<b>Protein</b>	14g		28g	
<b>Vitamin D</b>	0mcg	0%	0mcg	0%
<b>Calcium</b>	64mg	4%	129mg	10%
<b>Iron</b>	3mg	15%	5mg	30%
<b>Potassium</b>	636mg	15%	1273mg	25%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



**0g TRANS FAT  
PER SERVING**



**GLUTEN FREE**



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